

Active Parenting Now



**Positive Parenting Workshop for Children
Ages 2 to 12
Led by Cheri Wood
Certified Active Parenting Trainer**

In this 6-week class you will learn how to:

- Increase positive communication with your child
- Learn how to problem-solve as a family
- Build strong relationships with your child based on mutual respect
- Help your child develop confidence and self-esteem
- Learn how to understand and redirect misbehavior
- Learn effective strategies to help your child succeed in school

**Wednesday Evenings from 6:30 p.m. to 8:30 p.m.
Class Starts November 6th, 2019**



Active Parenting of Teens



**Positive Parenting Workshop for
Pre-teens and Teens
Led by Cheri Wood
Certified Active Parenting Trainer**

In this 6-week class you will learn how to:

- Learn to problem solve to eliminate power struggles
- Overcome communication roadblocks
- Help your teen develop responsibility, self-discipline, and resiliency
- Deal with negativity and anger
- Help your teen feel capable and competent
- Learn strategies to prevent high risk behavior

**Thursday Evenings from 6:30 p.m. to 8:30 p.m.
starts November 7th, 2019**

**For questions about these classes contact
Christine Guerrero at 949-936-7502
christineguerrero@iusd.org**



**Located at Creekside Education Center, classes will meet in the
Health Services Conference Room (N25)
3387 Barranca Parkway, Irvine, CA 92606
Cost \$70 per person/\$85 for couples**

**Registration Guidelines: Pre-registration needed to secure your spot!
PAYMENT DUE BY NOV 4TH, 2019 (CASH, CHECK, CREDIT CARD ACCEPTED)
Please contact Tracy Larson at 949-936-7501 or tracylarson@iusd.org**